

WHAT HEALING STRATEGIES DO YOU HEAR JORGE SHARING THAT YOU HAVE HEARD IN THE OTHER INTERVIEWS?

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IN WHAT WAYS ARE IDENTITY & HEALING CONNECTED in JORGE'S STORY?

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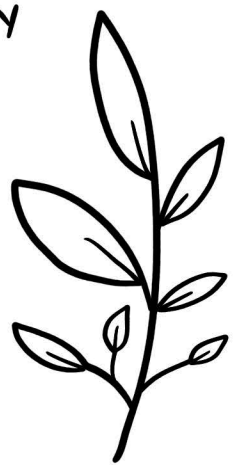
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BUDDHIST PRINCIPLE:

welcome it,  
talk to it,  
allow it to MOVE THROUGH

measuring HEALING by

HOW I BOUNCE BACK

SEX, SEXUALITY & CONNECTION to the body

AS A SURVIVOR and GAY man

FROM the HEAD



SPACE to the HEART SPACE

I HONOR you



UPLIFTING ancestral KNOWLEDGE

women have TAUGHT me HOW to HEAL

embracing VULNERABILITY

FINDING spirituality THROUGH HEALING CONNECTION to GAY identity

CREATING CURIOUS storytelling SPACES

to HOLD our own & others' "A-HA!" moments

LISTENING to & BUILDING COMMUNITY

JORGE

KNOWING WHEN to USE CERTAIN TOOLS

HOW DID JORGE'S RELATIONSHIP WITH CURIOSITY SPARK HIS JOURNEY TOWARDS HEALING?

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