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# ENHANCING KNOWLEDGE

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## EPISODE 11: DISCUSSION GUIDE

### HOW CAN WE RECOGNIZE THE ADULT SURVIVORS OF CHILD SEXUAL ABUSE WHO ARE ALREADY IN SERVICES?

After listening to Episode 11 of the Building Resilience Conversation Series think through the questions below. You can reflect and answer on your own, discuss with a peer, or bring the questions to a staff meeting to discuss with your whole staff.

# 1

What are three non-verbal ways that you could model for survivors that you are comfortable and confident discussing child sexual abuse?

# 2

What information have you received in your lifetime about sexual violence, bodies, and healthy sexuality? How has that affected your work?

# 3

Reflect on a space that feels safe and healing for you. Compare and contrast that with your program's shelter setting. What aspects feel safe and healing to you? What aspects feel stressful and antagonizing to you? What do you think shelter guests would say?

# 4


What are a few signs that someone you are working with may have experienced child sexual abuse? Why is this information important and what will you do with it?

# 5

What aspects of oppression or racism get in the way of hearing or receiving a disclosure of child sexual abuse?

# 6

Imagine that during an advocacy appointment, a survivor of domestic violence or a shelter guest that you have been working with discloses that they have experienced child sexual abuse. How might you respond to let the survivor know that this is something you can continue to explore together? Does your response change if the disclosure happens out in the community? Or while the survivor is cooking in the kitchen of the shelter?



7

Think about how you typically describe the services that your program offers to the community and write them down. Reading them back to yourself, would an adult survivor of child sexual abuse see themselves reflected? Feel free to re-write as many times as you like.

8

What are specific ways that you can use the information you learned in this episode to inform your individual advocacy practice or your advocacy program?

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