ENHANCING Knowledge



EPISODE 4: DISCUSSION GUIDE How does child sexual abuse impact Relationship building?

After listening to Episode 4 of the Building Resilience Conversation Series think through the questions below. You can reflect and answer on your own, discuss with a peer, or bring the questions to a staff meeting to discuss with your whole staff.



In what ways can dissociation make it hard for adult survivors of child sexual abuse to identify safe and trusting relationships?



What aspects or components go into building relationships?

3

Racism and other forms of oppression harm relationships. How have you seen this?

Ч

How do you build trust in a relationship where there is a power differential, like a relationship between an advocate and survivor? How do you demonstrate trust?

5

What are boundaries? How can they help survivors build healthy relationships?



What are the boundaries in an advocate's relationship with a survivor? How do they serve the survivor?





What are specific ways that you can use the information you learned in this episode to inform your individual advocacy practice or your advocacy program?

REFLECT ON YOUR OWN LIFE

How does reflecting on your own life help you as an advocate?

What are ways that your relationships to friends, family, and community have changed since childhood and into adulthood?

What makes you feel safe in relationships with other people?

"Episode 4: Discussion Guide - How does child sexual abuse impact relationship building?"

August 2022

This publication was created by the Building Resilience team: Resource Sharing Project, Activating Change, Just Detention International, Minnesota Indian Women's Sexual Assault Coalition, the North Carolina Coalition Against Sexual Assault, and Olga Trujillo, J.D.

© Resource Sharing Project, 2022. All rights reserved.

The content of this publication may be reprinted with the following acknowledgement: This material was reprinted, with permission, from the Resource Sharing Project's publication entitled "Episode 4: Discussion Guide - How does child sexual abuse impact relationship building?". This report is available by visiting <u>www.resourcesharingproject.org</u>.

Graphic design by Norio Umezu Hall, RSP, and Laura Chow Reeve, Radical Roadmaps. Publication design by Norio Umezu Hall, RSP.

This product was supported by cooperative agreement number 2019-V3-GX-K040, awarded by the Office for Victims of Crime, Office of Justice Programs, U.S. Department of Justice. The opinions, findings, and conclusions or recommendations expressed in this product are those of the contributors and do not necessarily represent the official position or policies of the U. S. Department of Justice.

