

# MODULE

# 16

## A VISION TOWARD LIBERATION

This section is a closing to the foundational advocacy training. It invites participants to reflect on what they've learned and their hopes for the future. Activities in this section will ask participants to consider what a world free of sexual violence and other forms of oppression could look like. Through creativity and sharing individual and shared visions, participants will discuss their hopes for the future.

**LESSON 1: Reflection**

**LESSON 2: Visions for the future**



### OBJECTIVES

#### Participants will be able to:

- Describe key points they are taking away from advocacy training
- Describe additional support they would like in the future to support advocacy work
- Describe their vision of a world free from sexual violence and other forms of oppression
- Note where their vision overlaps and is distinct from other participants' visions of liberation



### MATERIALS

- ☐ Training agenda (if you create one)
- ☐ Flipchart paper or dry erase board and markers
- ☐ Pens/pencils and paper for each trainee
- ☐ Copies of “Reflection” handout (included in module)
- ☐ Collage materials (old magazines, scissors, glue sticks, blank sheets of paper)



### TIPS FOR PREPARATION

- Print or otherwise obtain items listed in the Materials section of this module and make copies for participants.
- Collect collage materials. When selecting magazines, include those that are diverse (nature, travel, pop culture, and representative of many cultures).
- Review lesson to be comfortable with the material before the training session.
- Consider special touches (snacks, decorations, music, members from the organization offering thanks) to celebrate the completion of the training.

## LESSON 1: REFLECTION

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During this session, trainers will work to bring a close to the foundational advocacy training by providing participants an opportunity to reflect on what they've learned, what they hope to continue to learn, and their vision for the future.

### PERSONAL CONTEMPLATION & DISCUSSION

Trainers should offer appreciation to participants for dedicating time, energy, and commitment to the foundational advocacy training series. Instruct participants that this session will be about reflecting on what they are taking away from the training, what else they need, and what they envision for the future. Provide participants with the “Reflection” handout. Ask that they take time to reflect on the questions. Once participants have had time to reflect individually, ask participants to share with the group.

After participants have had a chance to reflect on all three questions, offer insight on themes you notice and offer sincere affirmation, acknowledgment of growth, and appreciation to the group before shifting into the last part of this module.

## LESSON 2: VISIONS FOR THE FUTURE

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In this last activity together, each participant will have a chance to create a vision of what a world free of sexual violence and other forms of oppression might look like. One way to look at this is to think about what liberation looks and feels like.

### COLLAGE ACTIVITY

Invite participants to think about the notion of “liberation.” We will use this vision as our guiding image in this activity. Provide participants with collage materials (magazines, scissors, glue sticks, and blank paper). Ask that participants use these materials to create a collage that represents their vision for the future, a vision free of sexual violence and other forms of oppression. Assure participants that there is no ‘right way’ to complete this activity. Rather, they should choose images that they are drawn to and that represent their vision for liberation. Participants can write a description to accompany their collage if they wish. Acknowledge that for those in the room who may be more drawn to words than pictures, an alternative approach to this activity could be writing a poem or short reflection on what they believe liberation looks like. Trainers should invite participants to be creative in whatever way best suits them. Participants can work together to create a vision if they wish. Invite the group to work on their pieces and let them know they will have an opportunity to share with the full group once complete.

After participants have had time to create their visions of liberation, ask that they take turns sharing what they have created with the group. The concept of liberation is likely to be envisioned differently by each participant; welcome these differences and also take note of where there are common visions. Offer gratitude to the group for sharing and reiterate your appreciation for the group’s collective commitment to participating in this training together.

## REFLECTION

**What are you taking away from the foundational advocacy training?**

***Think:** new insight and information, something you found especially profound, connections you made — whatever has left an imprint on you*

**What else would be helpful for you as you continue to learn and grow in your advocacy role?**

***Think:** topics you would like additional information or training on, connections you'd like to make, shadowing, and other forms of support or learning*

**How has this training impacted your worldview? How has it impacted how you see yourself as an advocate?**

***Think:** what's shifted? what has stayed the same? how will this foundational training impact your support for survivors?*







National Sexual Violence Resource Center • [877] 739-3895 • [resources@nsvrc.org](mailto:resources@nsvrc.org) • [www.nsvrc.org/projects/sadi](http://www.nsvrc.org/projects/sadi)

National Sexual Assault Coalition Resource Sharing Project • [515] 244-7424 • [rsp@iowacasa.org](mailto:rsp@iowacasa.org) • [www.resourcesharingproject.org](http://www.resourcesharingproject.org)